|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Flokkur/Aldur | Mánudagur | Þriðjudagur | Miðvikudagur | Fimmtudagur | Föstudagur | Laugardagur | Sunnudagur | Umsjónarþjálfari |
| 8.fl. barna  (‘17 og yngri) |  | Gras/inni 16:30-17:20 | Gras/inni  16:30-17:20 |  |  |  |  | Jóhann Ingi Jóhannsson  698-9681  johanningi@kopavogur.is |
| 7.fl.ka.  (2016-2015) | Gras/inni  16:00-16:50 | Gras/inni  16:00-16:50 | Gras/inni  16:00-16:50 | Gras/inni  16:00-16:50 |  |  |  | Piotr Wojdat  892-9827  piotr@hafnarfordur.is |
| 7.fl.kv.  (2016-15) | Gras/inni  16:00-16:50 | Gras/inni  16:00-16:50 | Gras/inni  16:00-16:50 | Gras/inni  16:00-16:50 |  |  |  | Gunnar Olgeir Harðarson 824-6739 gunnarol2010@gmail.com |
| 6.fl.ka.  (2014-13) | Gras/inni  12:45-13:45 | Gras/inni  12:45-13:45 | Gras/inni  12:45-13:45 | Gras/inni  12:45-13:45 |  |  |  | Arnar Steinn Einarsson 821-9941 arnarsteinn@ir.is |
| 6.fl.kv.  (2014-13) | Gras/inni  14:00-15:00 | Gras/inni  14:00-15:00 | Gras/inni  14:00-15:00 | Gras/inni  14:00-15:00 |  |  |  | Katrín Arna Kjartansdóttir 898-3977 katrinkjartans@gmail.com |
| 5.fl.ka.  (2012-11) | Gervigras  14:30-15:30 | Gervigras  14:30-15:30 | Gervigras  14:30-15:30 | Gervigras  14:30-15:30 |  |  |  | Gunnar Olgeir Harðarson 824-6739 gunnarol2010@gmail.com |
| 5.fl.kv.  (2012-11) | Gervigras  13:30-14:30 | Gervigras  13:30-14:30 | Gervigras  13:30-14:30 | Gervigras  13:30-14:30 |  |  |  | Orri Erlingsson  868-6599  orrierlingsson@gmail.com |
| 4.fl.ka.  (2010-09) | Gras/inni  16:00-17:15 | Gras/inni 16:00-17:15 |  | Gras/inni  16:00-17:15 | Gras/inni  16:00-17:15 |  |  | Ómar Atli Sigurðsson  661-8373 omaratli@gmail.com |
| 4.fl.kv.  (2010-2006) | Gras/inni 15:00-16:10 | Gras/inni 15:00-16:10 |  | Gras/inni 15:00-16:10 | Gras/inni 15:00-16:10 |  |  | Ásdís Erna Viðarsdóttir 615-8000  asdis@lagafellsskoli.is |
| 3.fl.ka.  (2008-07) | Gervigras  19:00-20:30 | Gervigras  19:00-20:30 |  | Gervigras  19:00-20:30 | Gervigras  19:00-20:30 |  |  | Sigmann Þórðarson  867-1971  sigmannth@gmail.com |
| 3.fl.kvk  (2004-06) | Gervigras  16:10-17:30 | Gervigras  16:10-17:30 |  | Gervigras  16:10-17:30 | Gervigras  16:10-17:30 |  |  | Ásdís Erna Viðarsdóttir 615-8000  asdis@lagafellsskoli. |
| 2.fl.ka.  (2004-06) | Sportabler | Sportabler | Sportabler | Sportabler | Sportabler | Sportabler | Sportabler | Halldór Arnarsson  661-4298  [Halldor.arnars@gmail.com](mailto:Halldor.arnars@gmail.com) |

**ATH: Æfingatöflur eru birtar með fyrirvara um breytingar á tímasetningum**

**Yfirþjálfari knattspyrnudeildar  
Arnar Steinn Einarsson   
S: 821-9941 E:** [**arnarsteinn@**](mailto:arnarstei@gmail.com)**ir.is**